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HOW CAN A NATUROPATH ASSIST FERTILITY?

How can a Naturopath assist fertility?

Naturopathy supports a woman with her desire to fall pregnant naturally, using only safe, non-invasive methods. The aim is to establish good health before conception by correcting any hormonal imbalances, improving nutritional deficiencies and restoring a healthy menstrual cycle. This is known to increase your fertility rate and reduces possible birth defects.

How it works?

This involves taking extensive notes on your health, current and past; medical history, your zinc status, daily diet, iris and nail analysis and various general and functional pathology tests where necessary. With this, a good overview of your health status is established and indications of what may not be functioning properly. From here, a combination of therapeutic grade herbal liquids and clinically proven nutritional supplements are utilised to give you the maximum chance of a positive conception and a safe and healthy full term pregnancy.

Why Not?

Naturopathy is very effective at treating infertility, with the bonus of being natural and with limited side effects. Naturopathy works well as a sole treatment but is most effective when used with other natural therapies such as Acupuncture. Naturopathy can be utilised safely with IVF cycles and when taking hormone medications. In fact if you're going to spend the money for a IVF cycle why not maximise your results by combining it with complementary therapies such as Naturopathy and Acupuncture to enhance your chances of positive conception.

Naturopathy is non-invasive, easy to implement and more cost effective than most hormone medications.

With the opportunity to maximise your chances of conception... why not?

Call us on **0415 517 445** or book online on www.nnhealth.com.au

We look forward to seeing you soon,

Paula